

Master Feng Zai Qing (Phang Chye Ching)

Dato Feng is an icon of the martial arts in Malaysia for 4 reasons:-

- 1) He has been the head of the well known and reputable Sao Lim Athletic Association for decades.
- 2) He has been regarded as the head of Shaolin his region of Malaysia for decades.
- 3) He co-authored an old Kung Fu book “Phoenix Eye” with the famous Don Draeger.
- 4) As a Chinese doctor, he deserve his award of a “Dato” from the government for decades of distinguished services to the community.

Thus, he is definitely a man to respect and admire.

Dato Feng is in his 80s, and is still a picture of health. In spite of his busy schedule at his clinic at 10.30pm at night, he consented to be interviewed. He humbly answered all my questions happily and patiently for almost 1.5 hours.

Dato Feng demonstrated his “Fa Jing” to me. Being a Shaolin expert, true to his form, he stresses combining hardness with softness. He does not believe “all softness” is effective for self defence.

Dato Feng’s clinic premises also hold classes in Shaolin and Tai Chin Chuan. This clinic opens for very long hours. It is known that there is sometimes still a queue of patients waiting at 1 am in the morning! Those who can not afford his fees are treated free of charge to this day. No wonder Master Feng was awarded a “Dato” title for his charitable contributions.



Dato Feng posing below his famous school’s logo at his clinic.

Dato Feng posing below his school’s logo at his clinic.

Master Ho Ah San with Dato Feng





John Chow with Dato Feng

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Written by John Chow, a practitioner of Chinese medicine, acupuncturist, masseur, healer and teacher of martial arts and spiritual paths.

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