

Master Guo Zheng Fen

A brief report by John Chow of Tao of Tai Chi Chuan Institute on his Taipei trip, June/July 2005

Master Guo Zheng Fen is a student of Wei Ru San of Beijing, who is a student of Wong Yong Quan who was a student of Wang Zhong Lu who was a student of Yang Jian Hou.

Yang Jian Hou was claimed to hold the original Yang Family Tai Chi Chuan secrets that was not taught to the public.

The form exercise of Master Guo Zheng Fen is also totally different from the “normal” Yang Style Tai Chi Chuan exercise form. It is also much longer. It bears some resemblance to Master Wang Yen Nien’s form, but is also different from it in many ways. It is more beautiful to watch.

Master Guo Zheng Fen is very good at Push Hands. His theories on Push Hands very different from “normal” Ta Chi Chuan Push Hands theories and are somewhat mystical in nature. For example, he explains that he is pushing with his mind, and his mind is very big, at least 6 metres behind him and behind the opponent. He pushes through empty spheres of light on his Lao Gong point and fingers. His idea of Zhong Ding is revolutionary. He says there is none, because if the opponent can find your Zhong Ding, then he can attack you. Thus, his Zhong Ding is everywhere - wherever he wants it to be. His teacher also teaches the concept of the body being a large bell, with the striker swinging in the middle.

Master Guo Zheng Fen taught me many things, and is very generous. He is very skilful in combat applications. He was a top Tae Kwon Do coach in his younger days, and has studied Shaolin as well as Xing Yi and Wing Chun.

Master Guo Zheng Fen has a small group of dedicated students who are very good at Push Hands.



John Chow (4th from left) with the group of Master Guo Zheng Fen (3rd from left)



Kim Fung (1st from left) with the group of Master Guo Zheng Fen (4th from left)

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Written by John Chow, a practitioner of Chinese medicine, acupuncturist, masseur, healer and teacher of martial arts and spiritual paths.

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