

Master Wang Zhun Xiong

A brief report by John Chow of Tao of Tai Chi Chuan Institute on his Taipei trip, June/July 2005

Master Wang Zhun Xiong teaches the 37 Posture Cheng Man Ching style. He has a few dozen students. I did not ask for his age, but I estimate he is about 45 to 50 years old. His performance of the exercise form is excellent. He has an excellent rooting to the ground always. His movements are very regular. He personally leads his student not only in the exercise form, but also the warm-up and loosening exercises, which are quite extensive. He included Huang Shing Shyan's 5 loosening exercise in his repertoire.

I know he also included 1 Push Hands session every week, but I did not have the opportunity to witness this. I am sure it is excellent.

Master Wang Zhun Xiong was very kind and allowed me to video his teaching at will.



Group photo of Master Wang Zhun Xiong (5th from left), beside John Chow



Master Wang Zhun Xiong's wife is in yellow shirt.



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Written by John Chow, a practitioner of Chinese medicine, acupuncturist, masseur, healer and teacher of martial arts and spiritual paths.

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