

Kim Fung (HK government certified Tai Chi Chuan instructor, practitioner of Yi Chuan and Kalis Ilustrisimo, Yellow Bamboo, and Traditional Chinese medicine) (student of Guro John Chow since 1997) (Kim Fung usually travels all the way from Hong Kong to Australia at least once a year to train with Guro John Chow)

(14 February 2005)

Note the yellow Bamboo uniform - not all Yellow Bamboo practitioners are “pussy cats and “woozers” as some internet warriors seem to think.



Kim Fung squares off in classical ready posture of Tindig Abeirta of Kalis Ilustrisimo.



Kim Fung applies the Crossada technique of Kalis Ilustrisimo.



Kim Fung cuts Guro John Chow's hand with her wooden bolo.



Kim Fung strikes Guro John Chow's neck with her wooden bolo, while controlling Guro John Chow's stick or hand. .





Kim Fung blocking Guro John Chow's strike to the mid body, and checks his hand at the same time.



Kim Fung applies a medium range Aldabes technique of Kalis Ilustrisimo on Guro John Chow.