

Dos Punte Techniques of Vajra Bodhi



Guro John Chow (left) demonstrating a Dos Punte block using Vajra Walking Cane. October 2004



Guro John Chow demonstrating a Dos Punte thrust block using Vajra Walking Cane. October 2004



Guro John Chow demonstrates a Dos Punte thrust block using Vajra Walking Cane. October 2004