

Guro Shamim Hague' Gua Sha Treatment

Shamim Hague is Kalis Ilustrisimo's representative in UK and Ireland. He is also a Silat practitioner. His website is:- <http://www.kalis-ilustrisimo.org/>



Guro Shamim Hague after his gua sha treatment. The bruises in red are where he has blockages due to previous injuries.



Guro Shamim Hague applying a disarm on Sifu Robert Chow.