## Kalis Ilustrisimo techniques of Stick, Dagga, and Espada y Dagga (taken with Kim Fung of Hong Kong)



Guro John Chow in Tindig Abeirta posture with Kim Fung, and his 2 daughters.



Guro John Chow demonstrating his unique style of Espada y Daga. Note the dagger thrust.



Guro John Chow demonstrating downward thrust with dagger.



Guro John Chow applying disarm to Kim Fung's dagger.

Guro Chow Kim sword

with a strike to her right biceps.





John parrying Fung's while countering

Guro John Chow

demonstrating the Crossada technique of Kalis Ilustrisimo.



Guro John Chow demonstrating the Estrellia technique of Kalis Ilustrisimo.



Guro John Chow demonstrating the Cerada technique of Kalis Ilustrisimo.

Guro John Chow applying snake



disarm to Kim Fung's stick under his left armpit, while delivering a thrust with his bolo to her heart.